

Aftermath



Competition Step Sheet

DIVISION: Newcomer

Description: 32 Counts, 2 Walls, Nightclub, Country
Choreographer: Fred Whitehouse
Music: Aftermath by Rascal Flatts
Album: Rewind
Count-in: 16 Count Intro
Note: There is a restart after 8 counts on Wall 3. See note below.
Video: <https://vimeo.com/581159391/d70aaed835>

1-8 Sweep Fwd, Weave, Sweep Back, Weave, Cross Rock R, Cross Rock L

1,2& Step RF forward sweeping LF from back to front, cross LF over R, step RF to R side
3,4& Step LF behind R sweeping RF from front to back, cross RF behind L, step LF to L side
5,6& Cross rock RF over L, recover onto LF, step RF to R side
7,8& Cross rock LF over R, recover onto RF, step LF to L side

(Restart here during Wall 3)

9-16 ¼ Turn Curve Walks x3, Rock, Recover, Sweeps x3, Back Rock, Recover

1,2,3 Step RF forward, 1/8 turn R stepping LF forward, 1/8 turn R stepping RF forward (3.00)
4&5 Rock LF forward, recover onto R, step LF back sweeping RF from front to back
6,7 Step RF back sweeping LF from front to back, step LF back sweeping RF from front to back
8& Rock RF back, recover onto LF

17-24 Basic R, Basic L, Sway x 3

1,2& Step RF to R side, close LF behind R, cross RF over L
3,4& Step LF to L side, close RF behind L, cross LF over R
5,6,7 Step RF to R side, Sway L, sway R
8& ¼ turn L stepping LF forward, ½ turn L stepping RF back*

*Option for Silver, Gold and Platinum: step LF to L side, cross RF over L

25-32 Basic L, Basic R, Sway x2, ¼ Turn L, Step Fwd R, Pivot ½ Turn L

1,2& ¼ turn L stepping LF to L side, close RF behind L, cross LF over R
*If the option above is danced, do not do a ¼ turn on count 1
3,4& Step RF to R side, close LF behind R, cross RF over L
5,6,7 Step LF to L side, Sway R, ¼ turn L stepping LF forward (12.00)
8& Step RF forward, ½ turn L placing weight onto LF (6.00)

Begin again 😊