



Backwards

Choreographed by **Rachael McEnaney (UK/USA) & COUNTRYVIVE**

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Description:	32 Counts, 4 Walls, Easy Intermediate Line Dance
Music:	"Backwards" – Rascal Flatts (approx 3.46 mins) Approx 123bpm
Count In:	The dance has a long slow intro....dance starts on the fast beat at approx 0.43 after he sings: "When you play a country song backwards" Count 1 begins on word "House"
Notes:	Tag is on 7 th wall. Begin 7 th wall facing 6.00, dance first 4& counts of dance, then add the tag below. There is an ending to the dance when they finish singing – we suggest you fade the music at this point.



Section	Footwork	End Facing
1 - 8	R stomp, L sailor stomp, R behind, L side, Stomp fwd R-L (or leg slaps), R shuffle	
1 2 & 3	Stomp right to right side (1), cross left behind right (2), step right next left (&), stomp left to left side (3)	12.00
4 &	Cross right behind left (4), step left to left side (&),	12.00
5 6	Stomp right foot forward (5) (option: flick left foot up behind right and slap with right hand (&), Stomp left foot forward (6) (option: hitch right knee and slap with left hand (&))	12.00
7 & 8	Step forward right (7), step left next to right (&), step forward right (8)	12.00
9 - 16	Fwd L, ½ pivot R, big step L, touch R, R side, L behind, R ball, L cross, R side, L heel	
1 2	Step forward left (1), pivot ½ turn right (2),	6.00
3 4	Take big step to left side (3), touch right next to left (4)	6.00
5 6	Step right to right side (5), cross left behind right (6),	6.00
& 7 & 8	Step right to right side (&), cross left over right (7), step right to right side (&), touch left heel to left diagonal (8) (body angled to L diagonal)	4.30
17 - 24	R & L heel switch with option to hold or double heel, R&L heel switch, L ball, R rock fwd	
& 1 2	Stay facing L diagonal Step left next to right (&), touch right heel forward (1) touch right heel forward OR hold (2)	4.30
& 3 4	Begin making 1/8 turn left: Step right next to left (&), touch left heel forward (3), touch left heel forward OR hold (4)	4.30
& 5 & 6	Finish making 1/8 turn left: Step left next to right (&), touch right heel forward (5), step right next to left (&), touch left heel forward (6)	3.00
& 7 & 8	Step left next to right (&), rock forward right (7), recover weight left (8)	3.00
25 - 32	Charleston back, R coaster step, L shuffle	
1 2 3 4	Step back right (1), touch left toe back (2), step forward left (3), touch (or kick) right foot forward (4)	3.00
5 & 6	Step back right (5), step left next to right (&), step forward right (6)	3.00
7 & 8	Step forward left (7), step right next to left (&), step forward left (8)	3.00
TAG:	7th wall begins facing 6.00 – Do first 4& counts of the dance (R stomp, L sailor stomp, R behind, L side) then do the following TAG: Step forward right (1), pivot ½ turn left (2), hold 'approx' 2 counts (3,4), then shimmy shoulders for 4 counts (or step right to right side and alternate very fast R-L on the spot for 4 counts and take hands from hips up the body to above head) (5,6,7,8) Then start the dance again facing 12.00	
Ending	10th wall begins facing 6.00 – The first 8 counts is normal speed then it slows down for next 8 counts After you touch left heel to diagonal on count 8 you should be facing 12.00 Step in place on ball of left (&), cross right over left and unwind a full turn slowly to face the front.	